

How Does Your Disability Affect You?

Reduced hand function / Poor finger strength, Tremors or involuntary movement

(This may include people with Spinal Cord Injury, MS, cerebral palsy, Guillan-Barré Syndrome, muscular dystrophy, spina bifida, stroke survivors and other similar disabilities).



What do you want to grip?	Which aid is right for you?
Gym Equipment	General Purpose gripping aids D-ring gripping aid Looped exercise aid Hook aids Gym pack/Gym pack deluxe
DIY tools	General Purpose gripping aid
Kitchen implements	General Purpose gripping aid
Sports equipment: rowing, kayaking etc	General Purpose gripping aid Looped Exercise aid Hook aids
Gardening tools	General Purpose gripping aid
Winter sports equipment such as adaptive skiing	Winter Sports aid
Small diameter item: pen, make-up, toothbrush	Small Item gripping aid
Adaptive tricycle/children's walking frame	General Purpose Mini aid (for children under 5) or General Purpose gripping aid