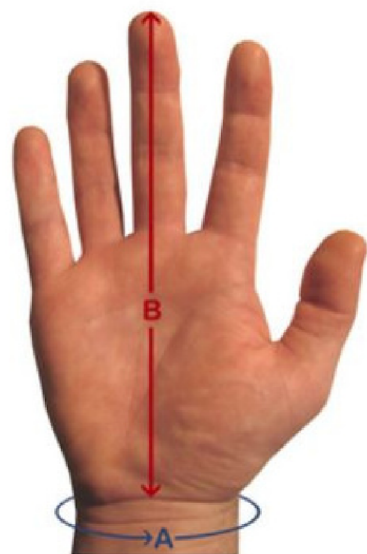


Size Guide for General Purpose and Mini gripping aids

Use this size guide to find out which General Purpose or Mini gripping aid will best fit your hand and wrist.



A = circumference of narrowest part of wrist

B = length from crease line (where hand joins wrist) to tip of middle finger

This guide gives a rough idea of which gripping aid to purchase based on age:

A: Wrist Measurement

Mini	Small	Standard	Large
120mm – 140mm	135mm – 150mm	145mm – 185mm	180mm – 220mm
4.7"-5.5"	5.3"-5.9"	5.7"-7.2"	7.1"-8.7"

A: Wrist Measurement

B: Wrist to Middle Finger

Mini	Small	Standard	Large
120mm – 140mm	135mm – 175mm	175mm – 210mm	195mm – 280mm
4.7"-5.5"	5.3"-6.9"	6.8"-8.3"	7.7"-11.0"

B: Wrist to Middle Finger

(n.b. measurements are approximate)

Mini	Small	Standard	Large
Children up to age 5	Over 5s and petite adults	Adults	Adults with larger hands